

## Annex A

Belleville Youth Swim Team - Swimmer's Code of Conduct

This document outlines the guidelines for behaviour that all swimmers on the Belleville Youth Swim Team must follow. Each swimmer and their parent/guardian must sign this contract at the beginning of each swim season. Failure to comply with the code of conduct guidelines may result in disciplinary action by the head coach and/or club executive. The goal of the code of conduct is provide a positive atmosphere for all members and coaches on the team.

1. I will display good sportsmanship and show respect and consideration for my fellow team members. I will support, assist and encourage my teammates and help foster team spirit.
2. I will show respect and courtesy to the coaching staff and all adult members of the organization. I will correct my attitude and behaviour if advised that they are inappropriate. I understand that misbehaviour will be reported to my parents.
3. I understand that the coaching staff is responsible for taking disciplinary action. I understand that, depending on the behaviour involved, the coaching staff has the option of removing me from a practice or meet or suspending my swimming privileges for an extended period of time.
4. I understand that it is a club requirement to wear a team uniform at all swim meets. This includes a team swimsuit and team swim cap. An exception to the regular swim suit will be made for the new high-tech swimsuits provided they are the same colour as the standard team suit.
5. I understand that I will not interfere with the workouts of others and will not leave the pool or pool deck without the permission of the coach. I will inform the coach immediately if I feel ill.
6. I will attend all practices to the best of my ability and will ensure that I am properly rested and following good nutritional practices in order to ensure my ability to improve.
7. I will respect my body. I understand that use of drugs, alcohol, and cigarettes is unacceptable and will refrain from using them.

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Swimmer

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Date

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Parent/Guardian

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Date

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Swimmer Name (Printed)