

SHORT COURSE				
Age Group	200 IM Pre req Standard (using D time levels except for 10 & under)		200 Free Pre req Standard (using D time levels except for 10 & under)	400 Free Pre req Standard (using D time levels)
Girls				
10& under	3:49.46		3:25.21	
11 Girls	3:26.00		3:02.56	
12 Girls	3:13.57		2:51.00	
13 Girls	3:07.66			5:45.14
14 Girls	3:01.88			5:37.94
15 & over	2:58.15			5:31.15
Boys				
10 & under	1:57.90 3:55.79	100 IM	3:27.09	
11 Boys	3:30.23		3:03.23	
12 Boys	3:12.76		2:50.32	
13 Boys	3:02.59			5:42.17
14 Boys	2:55.26			5:28.52
15 & over	2:52.09			5:23.36

LONG COURSE				
Age Group	200 IM Pre req Standard (using D time levels except for 10 & under)		200 Free Pre req Standard (using D time levels except for 10 & under)	400 Free Pre req Standard (using D time levels)
Girls				
10& under	3:55.20		3:30.34	
11 Girls	3:31.15		3:07.12	
12 Girls	3:18.41		2:55.27	
13 Girls	3:12.35			5:53.77
14 Girls	3:06.43			5:46.39
15 & over	3:02.60			5:39.43
Boys				
10 & under	4:02.90		3:32.26	
11 Boys	3:35.48		3:07.81	
12 Boys	3:17.57		2:54.57	
13 Boys	3:07.16			5:50.72
14 Boys	2:59.64			5:36.74
15 & over	2:56.39			5:31.45